

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Isaac Phoku**

Has successfully participated & completed the  
**32km SA Run 4 Cancer Ultra Marathon 2019**  
held at Polokwane Rugby Fields.

**TIME 03:29:45**

**PACE 06:33/km**

**GENDER 180 of 303**

**OVERALL 206 of 438**

**SENIOR (20-39) 91 of 143**



26 October 2019, Sat

Date

*BoutTime*

Signature

